

SRI GURU HARI SINGH COLLEGE

Sri Jiwan Nagar- 125075, Distt. Sirsa (Haryana)

(A Govt. - Aided College affiliated to CDLU, Sirsa) Approved by UGC under section 2 (f) and 12 (B)

Ref. No. G-7/24 Nil

Date. 0.2 01 2024

BEST PRACTICE -1

1. Title of the practice:

Mentoring Programme

2. Objectives Of the practice:

Students come from diverse socio-economic background. Students may be hence facing problems which they may ordinarily not freely divulge. Mentors seek to offer support, guidance, encouragement. Mentor mentee develop a relation of trust and faith. Mentor is required to invest time and patience to understand the difficulties and offer solutions, apprise of different schemes available e.g., schemes related to financial assistance and career opportunities.

3. Context:

Students may be facing a host of problems: personal, financial, academic, health related, domestic which they may not be willing to express to anyone causing emotional imbalance and frustration. Through this programme, a mentor develops a close relation of trust allowing the student to confide in them.

4. Practice

In our college we have a committee headed by a convener coordinating the mentoring programme. In this programme each mentor teacher gets around 30 to 40 students as mentees. The committee does the work of allotting mentees to mentors. Mentors conduct regular meetings with their mentees. Mentor teacher collects contact details, personal ambitions, difficulties faced, etc. Mentors also discuss issues like discipline, punctuality, attendance, examination rules and regulations. Mentors provide motivation and gives guidance in time management, stress management, overcoming various distractions, importance of sports and co-curricular activities, importance of civic sense, personal hygiene, career guidance.

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5. Evidence of success:	

The scheme was a very vital link between the students and the college . Students have been participating in placement drives. Students are made aware of various scholarship schemes provided by the college and other sources and given guidance to apply for the same. Students are encouraged to participate in various co curricular and academic activities.

6. Problems encountered and resources required:

- 1. Department wise allocation of student mentees to their mentor was done where possible however as student teacher ratio in all departments is not the same and hence students were also allotted to teachers belonging to other departments.
- 2. Due to packed lecture timings and resulting space and time constraint; it is difficult to arrange simultaneous formal sessions. Every teacher mentee hold sessions with the students according to their time table. So multiple sessions are required to be held for the same group as students belong to different subject combinations.

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Ref. No.....

In the Service of His Holiness Sri Satguru Uday Singh Ji

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Date 29.0.2:2024

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BEST PRACTICE - 2

Title of the Practice:

Plantation Programme

Objectives of the Practice It has been observing by the people that nature has been changing itself very tremendously as we are responsible for this change because of building and constructive more and more cities and town. So, the nature has unbalanced and disturbed that's why the combination of oxygen has ruined. Therefore, now we have to maintain this balance by following the given points:-

- To ensure more plantation of different fruits and other useful plants & trees.
- Plantation programme can become more popular. So, it is the duty of ours to promote more and more students to come forward.
- To enhance the values of plants & environment among the students.

The Context

The very noble objective of "Plantation programme is to save & protect to the environment by plantation work" with under given points:-

- To rising up the level of the student thinking regarding plantation work.
- To ensure the sincerity of the students regarding the values of trees & plants.
- To inculcate the programme of plantation can change the heart & hobbies of students
- To produce more and more oxygen.

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For the maintenance the cycle of the nature for up-gradation of the environment.

The Practice

It is very important to plant more and more trees, herbs and climbers because these are the carriers of rain and cloud. Only the nature has capacity to turn up the balance of nature to produce more and more oxygen, but it is only possible when our surroundings are full of trees and plants. Such type of programme is only possible when our new generation become more & more sincere and active towards plantation programme. If our programme of plantation makes



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the points of success, it is sure and certain that our nature will be in balance and the life of the people can be happy & prosperous. So, we should plant more & more trees and protect them for the future of new generation.

Evidence of Success

Our efforts of plantation work provoke the heart of the students and inspired them to go quickly on the path of plantation for the balance of the nature & up-gradation of environment. It is the result of the programme that more than 60% student participated in the programme of the plantation started by college & administration. As soon as possible to 100 plants has been planted by the student in college campus. Now we hoping that after this raining season, these planted trees will provide us feelings of true nature & beauty of the nature.

Problems Encountered and Resources Required

Some students were too naughty that they avoid the programme and deny such types of activities, but our learned & scholars faculties convinced them and ultimately they agreed for the plantation work and realized the value and importance of the nature and environment. Not enough, but they also planted more & more plants and take an oath for the protection of the plants for the balance of nature.





श्री गुरु हरि सिंह कॉलेज में पौधारोपण कर संरक्षण का लिया संकल्प

रानियां, 28 जुलाई (दीपक): श्री
गुरु हिर सिंह महाविद्यालय श्री जीवन
नगर में एन.एस.एस. इकाई द्वारा
भारत सरकार द्वारा चलाए जा रहे
मेरी माटी मेरा देश अभियान के
अंतर्गत पौधारोपण अभियान चलाया
गया।इस कार्यक्रम का प्रारंभ कॉलेज
के प्राचार्य डा. कृष्ण लाल ग्रोवर ने
पौधा लगा कर किया। इस अवसर
पर राष्ट्रीय सेवा योजना इकाई के
स्वयंसेवकों वकार्तेज स्टॉफ सदस्यों
ने विभिन्न प्रकार के पौधे लगाए।

कॉलेज के प्राचार्य डा.कृष्ण लाल ग्रांवर ने कहा कि वृक्ष पर्यावरण की अमूल्य निधि है। इस्से संरक्षित करना जरूरी है। स्वस्थ पर्यावरण में जीने के लिए हमें ज्यादा से ज्यादा पौधारोपण करना होगा, नहीं तो सांस लेना भी मुश्किल हो जाएगा। इस मौके पर प्राचार्य डा.कृष्ण लाल ग्रोवर ने विद्यार्थियों को मंशोधत करते हुए कहा कि आज पूरा विश्व पर्यावरण प्रदूषण को लेकर चिंतित है।

इसलिए ज्यादा से पेड़ लगाकर स्वच्छ पर्यावरण में हम सभी अपनी



पौधारोपण करते कॉलेज के विद्यार्थी व स्टॉफ सदस्य।

भागीदारी सुनिश्चित करें। पौधे हमारे जीवन का आधार हैं। ऐसे में लोगों को जन्मदिवस, वर्षगांठ, राष्ट्रीय पर्व व अन्य विशेष अवसरों पर अधिक से अधिक पौधारोपण कर उनकी रक्षा व पालन करना चाहिए जिससे कि हमारी भावी पीढ़ी को विरासत के रूप में स्वच्छ व अनुकूल वातावरण मिल सके।

आज के युवाओं को सबसे अधिक जरूरत पर्यावरण के प्रति सजग होने की है, यदि इसी तरह प्रदूषण बढ़ता रहा तो हमारी धरती का अस्तित्व खतरे में पड़ जाएगा। आज के युग में हमारे सामने पर्यावरण को बचाने की सबसे बड़ी चुनौत है, ऐसे में हर हाल में ज्यादा से ज्यादा पौधारोपण जरूरी है। इस मौके पर एन.एस.एस. इकाई की प्रभारी डा. अविका शर्मा ने स्वयंसेवकों को पौधों के संरक्षण के साथ-साथ प्लास्टिक मुक्त भारत बनाने हेतु शपथ भी दिलवाई गई। इस अवसर पर डा. सीमा भारद्वाज, डा. विकास मेहता, लै. राजेंद्र सिंह, शिक्त मुंजाल सिंहत अन्य स्टॉफ सदस्य उपस्थित रहे।

