

BEST PRACTICE -1

1. Title of the practice:

Mentoring Programme

2. Objectives Of the practice:

Students come from diverse socio-economic background. Students may be hence facing problems which they may ordinarily not freely divulge. Mentors seek to offer support, guidance, encouragement. Mentor mentee develop a relation of trust and faith. Mentor is required to invest time and patience to understand the difficulties and offer solutions, apprise of different schemes available e.g., schemes related to financial assistance and career opportunities.

3. Context:

Students may be facing a host of problems: personal, financial, academic, health related, domestic which they may not be willing to express to anyone causing emotional imbalance and frustration. Through this programme, a mentor develops a close relation of trust allowing the student to confide in them.

4. Practice

In our college we have a committee headed by a convener coordinating the mentoring programme. In this programme each mentor teacher gets around 30 to 40 students as mentees. The committee does the work of allotting mentees to mentors. Mentors conduct regular meetings with their mentees. Mentor teacher collects contact details, personal ambitions, difficulties faced, etc. Mentors also discuss issues like discipline, punctuality, attendance, examination rules and regulations. Mentors provide motivation and gives guidance in time management, stress management, overcoming various distractions, importance of sports and co-curricular activities, importance of civic sense, personal hygiene, career guidance.

5. Evidence of success:

The scheme was a very vital link between the students and the college . Students have been participating in placement drives. Students are made aware of various scholarship schemes provided by the college and other sources and given guidance to apply for the same. Students are encouraged to participate in various co curricular and academic activities.

6. Problems encountered and resources required:

1. Department wise allocation of student mentees to their mentor was done where possible however as student teacher ratio in all departments is not the same and hence students were also allotted to teachers belonging to other departments.

2. Due to packed lecture timings and resulting space and time constraint; it is difficult to arrange simultaneous formal sessions. Every teacher mentee hold sessions with the students according to their time table. So multiple sessions are required to be held for the same group as students belong to different subject combinations.

Roll No.	Roll No.	Roll No.	Roll No.	Roll No.	Roll No.	Roll No.
Ms. Gagandeep	Sh. Shrawan	Sh. Pargat Kaswan	Ms. Sharda	Ms. Rupinder Kaur	Dr. Seema Rani	Dr. Ambika Sharma
1230953138	1230953092	1230953082	1230953072	1230953061	1230953011	1230953021
1230953139	1230953093	1230953083	1230953073	1230953062	1230953012	1230953022
1230953140	1230953094	1230953084	1230953074	1230953063	1230953013	1230953023
1230953141	1230953095	1230953085	1230953075	1230953064	1230953014	1230953024
1230953142	1230953096	1230953086	1230953076	1230953065	1230953015	1230953025
1230953143	1230953097	1230953087	1230953077	1230953066	1230953016	1230953026
1230953144	1230953098	1230953088	1230953078	1230953067	1230953017	1230953027
1230953145	1230953099	1230953089	1230953079	1230953068	1230953018	1230953028
1230953146	1230953100	1230953090	1230953080	1230953069	1230953019	1230953029
1230953147	1230953104	1230953091	1230953081	1230953071	1230953020	1230953030
1230953148	1230953164	1230953162	1230953160	1230953157	1230953154	1222382002032
1230953149	1230953165	1230953163	1230953161	1230953158	1230953155	1222382002033
1230953150	1230953166	1222382002198	1222382002180	1230953159	1230953156	1222382002034
1230953151	1230953167	1222382002199	1222382002181	120238002044	1222382002015	1222382002035
1230953152	1222382002221	1222382002204	1222382002182	1212382002138	1222382002016	1222382002040
1230953153	1222382002222	1222382002205	1222382002184	1222382002002	1222382002017	1222382002041
1222382002244	1222382002223	1222382002206	1222382002187	1222382002003	1222382002019	1222382002043
1222382002245	1222382002224	1222382002207	1222382002188	1222382002004	1222382002021	1222382002045
1222382002246	1222382002225	1222382002208	1222382002190	1222382002009	1222382002022	1222382002046
1222382002251	1222382002227	1222382002211	1222382002195	1222382002010	1222382002025	1222382002047
1222382002253	1222382002228	1222382002212	1222382002196	1222382002011	1222382002026	1222382002049
1222382002254	1222382002231	1222382002213	2232072002	1222382002013	1222382002027	1222382002050
1222382002255	1222382002237	1222382002214	2232072003	1222382002014	1222382002030	2232072009
1222382002258	1222382002240	1222382002215	1222382003002	2232072004	2232072006	2232072010
1222382002262	1222382003007	1222382002216	1222382003016	2232072005	2232072008	1230957023
1222382002263	1222382003006	1222382002220	1222382003010	1230957003	1212382003008	1212382003004
1222382002265						

sign. *Gagandeep Sharma* *Shrawan* *Sharda* *Rupinder Kaur* *Seema Rani* *Ambika Sharma*

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Mentor Mentees Group 2023-24						
Dr. Vikas Mehta	Lt. Rajender Singh	Mr. Mange Ram	Dr. Amandeep Singh	Ms. Mandeep Kaur	Mr. Harmeet Singh	Ms. Sanjana
Roll No.	Roll No.	Roll No.	Roll No.	Roll No.	Roll No.	Roll No.
1230953001	1230953031	1230953105	1230953041	1230953051	1230953128	1230953118
1230953002	1230953032	1230953106	1230953042	1230953052	1230953129	1230953119
1230953003	1230953033	1230953108	1230953043	1230953053	1230953130	1230953120
1230953004	1230953034	1230953109	1230953044	1230953054	1230953131	1230953121
1230953005	1230953035	1230953110	1230953045	1230953055	1230953132	1230953122
1230953006	1230953036	1230953112	1230953046	1230953056	1230953133	1230953123
1230953007	1230953037	1230953113	1230953047	1230953057	1230953134	1230953124
1230953008	1230953038	1230953115	1230953048	1230953058	1230953135	1230953125
1230953009	1230953039	1230953116	1230953049	1230953059	1230953136	1230953126
1230953010	1230953040	1230953117	1230953050	1230953060	1230953137	1230953127
1222382002054	1222382002075	1222382002090	1222382002114	1222382002131	1222382002143	1222382002160
1222382002057	1222382002076	1222382002092	1222382002116	1222382002132	1222382002144	1222382002162
1222382002058	1222382002077	1222382002096	1222382002117	1222382002133	1222382002145	1222382002167
1222382002060	1222382002078	1222382002098	1222382002118	1222382002135	1222382002146	1222382002169
1222382002061	1222382002080	1222382002099	1222382002120	1222382002136	1222382002148	1222382002171
1222382002062	1222382002081	1222382002100	1222382002122	1222382002137	1222382002150	1222382002172
1222382002064	1222382002082	1222382002102	1222382002123	1222382002138	1222382002151	1222382002176
1222382002068	1222382002083	1222382002105	1222382002129	1222382002141	1222382002159	1222382002178
1222382002070	1222382002084	1222382002106	1222382002130	24002	24005	24008
1222382002071	1222382002085	1222382002110	2232072011	1230957015	1230957001	1230957018
1222382002072	1222382002086	1222382002112	24001	1230957006	1230957014	1230957007
1222382002074	1222382002087	1222382002112	1230957005	1230957017	1230957019	1230957002
2232072001	2232072007	2232072012	1230957011	1222382003004	1222382003020	1222382003032
24007	24012	1230957016	1230957012	1222382003012	1222382003025	1222382003031
1230957021	1230957020	1230957004	1222382003013	1222382003001	1222382003026	1222382003011
1230957022	1230957008	1230957009	1222382003023	1212382003009	1212382003003	1212382003012
			1222382003015	1212382003001	1212382003011	1212382003015

sign. *Vikas Mehta* *Rajender Singh* *Mange Ram* *Amandeep Singh* *Mandeep Kaur* *Harmeet Singh* *Sanjana*

BEST PRACTICE - 2

Title of the Practice:
Plantation Programme

Objectives of the Practice

It has been observing by the people that nature has been changing itself very tremendously as we are responsible for this change because of building and constructive more and more cities and town. So, the nature has unbalanced and disturbed that's why the combination of oxygen has ruined. Therefore, now we have to maintain this balance by following the given points :-

- To ensure more plantation of different fruits and other useful plants & trees.
- Plantation programme can become more popular. So, it is the duty of ours to promote more and more students to come forward.
- To enhance the values of plants & environment among the students.

The Context

The very noble objective of "Plantation programme is to save & protect to the environment by plantation work" with under given points:-

- To rising up the level of the student thinking regarding plantation work.
- To ensure the sincerity of the students regarding the values of trees & plants.
- To inculcate the programme of plantation can change the heart & hobbies of students
- To produce more and more oxygen.
- For the maintenance the cycle of the nature for up-gradation of the environment.

The Practice

It is very important to plant more and more trees, herbs and climbers because these are the carriers of rain and cloud. Only the nature has capacity to turn up the balance of nature to produce more and more oxygen, but it is only possible when our surroundings are full of trees and plants. Such type of programme is only possible when our new generation become more & more sincere and active towards plantation programme. If our programme of plantation makes the points of success, it is sure and certain that our nature will be in balance and the life of the people can be happy & prosperous. So, we should plant more & more trees and protect them for the future of new generation.

Evidence of Success

Our efforts of plantation work provoke the heart of the students and inspired them to go quickly on the path of plantation for the balance of the nature & up-gradation of environment. It is the result of the programme that more than 60% student participated in the programme of the plantation started by college & administration.

As soon as possible to 100 plants has been planted by the student in college campus. Now we hoping that after this raining season, these planted trees will provide us feelings of true nature & beauty of the nature.

Problems Encountered and Resources Required

Some students were too naughty that they avoid the programme and deny such types of activities, but our learned & scholars faculties convinced them and ultimately they agreed for the plantation work and realized the value and importance of the nature and environment. Not enough, but they also planted more & more plants and take an oath for the protection of the plants for the balance of nature.





श्री गुरु हरि सिंह कॉलेज में पौधारोपण कर संरक्षण का लिया संकल्प

29 July, 23

रानियां, 28 जुलाई (दीपक): श्री गुरु हरि सिंह महाविद्यालय श्री जीवन नगर में एन.एस.एस. इकाई द्वारा भारत सरकार द्वारा चलाए जा रहे मेरी माटी मेरा देश अभियान के अंतर्गत पौधारोपण अभियान चलाया गया। इस कार्यक्रम का प्रारंभ कॉलेज के प्राचार्य डा. कृष्ण लाल ग्रीवर ने पौधा लगा कर किया। इस अवसर पर राष्ट्रीय सेवा योजना इकाई के स्वयंसेवकों व कॉलेज स्टाफ सदस्यों ने विभिन्न प्रकार के पौधे लगाए।

कॉलेज के प्राचार्य डा. कृष्ण लाल ग्रीवर ने कहा कि वृक्ष पर्यावरण की अमूल्य निधि है। इसे संरक्षित करना जरूरी है। स्वस्थ पर्यावरण में जीने के लिए हमें ज्यादा से ज्यादा पौधारोपण करना होगा, नहीं तो सांस लेना भी मुश्किल हो जाएगा। इस मौके पर प्राचार्य डा. कृष्ण लाल ग्रीवर ने विद्यार्थियों को संबोधित करते हुए कहा कि आज पूरा विश्व पर्यावरण प्रदूषण को लेकर चिंतित है।

इसलिए ज्यादा से पेड़ लगाकर स्वच्छ पर्यावरण में हम सभी अपनी



पौधारोपण करते कॉलेज के विद्यार्थी व स्टाफ सदस्य।

(दीपक)

भागीदारी सुनिश्चित करें। पौधे हमारे जीवन का आधार हैं। ऐसे में लोगों को जन्मदिवस, वर्षगांठ, राष्ट्रीय पर्व व अन्य विशेष अवसरों पर अधिक से अधिक पौधारोपण कर उनकी रक्षा व पालन करना चाहिए, जिससे कि हमारी भावी पीढ़ी को विरासत के रूप में स्वच्छ व अनुकूल वातावरण मिल सके।

आज के युवाओं को सबसे अधिक जरूरत पर्यावरण के प्रति सजग होने की है, यदि इसी तरह प्रदूषण बढ़ता रहा तो हमारी धरती का अस्तित्व खतरे में पड़ जाएगा। आज के युग में हमारे सामने पर्यावरण को बचाने की सबसे बड़ी चुनौती है, ऐसे में हर हाल में ज्यादा से ज्यादा पौधारोपण जरूरी है। इस

मौके पर एन.एस.एस. इकाई की प्रभारी डा. अंकिता शर्मा ने स्वयंसेवकों को पौधों के संरक्षण के साथ-साथ प्लास्टिक मुक्त भारत बनाने हेतु शपथ भी दिलवाई गई। इस अवसर पर डा. सीमा भारद्वाज, डा. विकास मेहता, लै. राजेंद्र सिंह, शक्ति मुंजाल सहित अन्य स्टाफ सदस्य उपस्थित रहे।

