

## **Lesson Plan:**

**Course: B.A. History, First Semester(DSC-101)**

**History of India (From earliest times to C.300 BCE)**

Creating a lesson plan for a first-semester B.A. History course under the new National Education Policy (NEP) framework involves incorporating interdisciplinary approaches, experiential learning, and a focus on critical thinking.

### **Duration: 16 Weeks**

Week 1: Introduction to History and Historiography

- Definition and scope of history.
- Historical sources: Literary, Archaeological, Epigraphic, and Numismatic.
- importance of History
- **\*\*Activities\*\***:
  - Lecture and discussion on the importance of studying history.
  - Group activity: Analyze different types of historical sources.

Week 2-3: Prehistoric Cultures of India

- Paleolithic, Mesolithic, and Neolithic cultures.
- Important archaeological sites
- Activities
  - Visit to a local museum or virtual tour of significant prehistoric sites.
  - Group presentation on different prehistoric cultures.

Week 4-5: Harappan Civilization

- Major sites: Harappa, Mohenjo-Daro, Dholavira, etc.
- Urban planning, economy, social structure, and decline.

Activities

- Debate on theories regarding the decline of the Harappan Civilization.

Week 6-7: Vedic Age

- Early and Later Vedic periods.



- Society, economy, and polity during the Vedic Age.  
Activities

- Essay on the transformation from the Early to Later Vedic period.

Week 8-9

- Social development Varna, caste system

- Sixteen Mahajan padas, Untouchability

Week 10-11

- Origin of Jainism

- life and teachings of Mahavira

- Jain sangha ~~S~~chism legacy of Jainism

Week 12-13

- Buddhism

- life and teaching of Budha

- the Buddhistsangha sectarian development and councils

- Political condition of north India in sixth century/Mahajanpads

Week 14-15

- Sangam age literature society and culture

Hola / Pandya dynasty

Week 16: Revision and Integration

- Review of prehistoric cultures, Harappan Civilization, Vedic Age, Mahajanapadas, and the ~~Mahajan~~ **Empire**.

- \*\*Activities\*\*:

- Interactive revision session with Q&A.

- Group discussion on the continuity and change in ancient Indian history.

- \*\*Assessment\*\*:

- Final exam encompassing all topics covered in the semester.